



LIFT

日本語版

Life, Information, Fun, Times



November 1st, 1848, the first medical school for women in the world opened in Boston, founded by Doctor Samuel Gregory, with just 12 students. 26 years later, it merged with the Boston University School of Medicine, becoming one of the first co-ed medical schools.

November 6th, 1861, Canadian-American physical educator and physicist James Naismith was born. 30 years later, working at the Springfield YMCA, he invented basketball using a peach basket attached to the wall to provide athletic distraction to students confined indoors due to the harsh winter.

November 14th, 1994, the first paying passenger travelled on the new 50.46 km underwater rail service through the Channel Tunnel linking England and France. The initial proposal for this construction was made in 1802 by a French mining engineer.

November 28th, 1520, Portuguese explorer Ferdinand Magellan's fleet passed through the strait at the tip of South America, thus crossing from the Atlantic Ocean into the Pacific. He was killed during the same voyage 5 months later.



“All the trees are losing their leaves and not one of them is worried”
— Donald Miller

`Leaf` in the languages of our teachers

	deilen	Welsh		folha	Portuguese
	hoja	Spanish		waraqa	Arabic
	frunză	Romanian		feuille	French
	levél	Hungarian		yaprak	Turkish
	foglia	Italian		lystok	Ukrainian
	liść	Polish		list	Russian

November events



A fig leaf

Something used to hide a shameful problem

He uses jokes as a fig leaf to hide that he has no money.

To be shaking like a leaf

To be trembling with fear or nervousness

I was shaking like a leaf when I had to speak into the microphone.

To take a leaf out of (someone's) book

To act or behave like someone else

I think I will take a leaf out of my sister's book and start jogging in the mornings.

To leaf through

To peruse a reading material

I leafed through a few magazines while waiting at the doctor's office.



In 2015, the UN designated **November 5th as World Tsunami Awareness Day** to raise awareness about reducing tsunami-related risks and enhanced community preparedness. This year, the theme will be fighting inequality, showing how certain populations are more vulnerable to tsunamis because of poverty.

November 11th, International Origami Day, first observed in Japan, has been celebrated in many countries across the world since 2005. It honors the ancient Japanese art of creating complex objects and shapes out of square pieces of paper. 'Folding friends' connect online to enjoy guest speaker presentations about peace, exhibitions, tutorials and more.



November 17th, International Student Day is a celebration of multiculturalism, diversity and cooperation among students across the globe. Initially a day for the commemoration of the more than 1.200 student lives taken in WWII, it has since become an occasion to display and celebrate acts of social responsibility and volunteering, as well as contribute to their communities through competitions.

November 21st, World Television Day was proclaimed by the UN in 1996 to acknowledge the major role that television plays in presenting global issues that affect people. The proclamation of this day however, was not unanimous as opponents pointed out that television is a means of information that is not accessible to all.





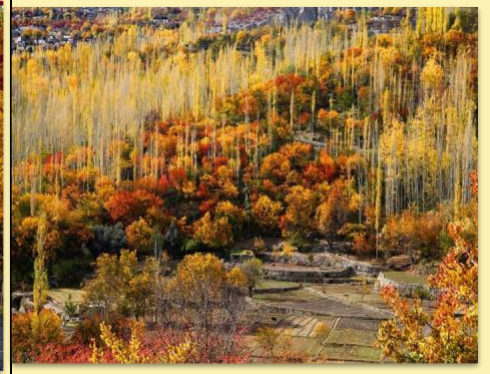
Autumn Foliages



Wānaka, New Zealand –
Late March to May



Northern Ontario and Quebec, Canada –
Late September, early October



Hunza Valley, Pakistan
Mid to late October



Ritsurin Garden, Takamatsu, Japan
Late October thru November



Denali National Park, Alaska
Mid August to early September



Piedmont, Italy
Second half of October



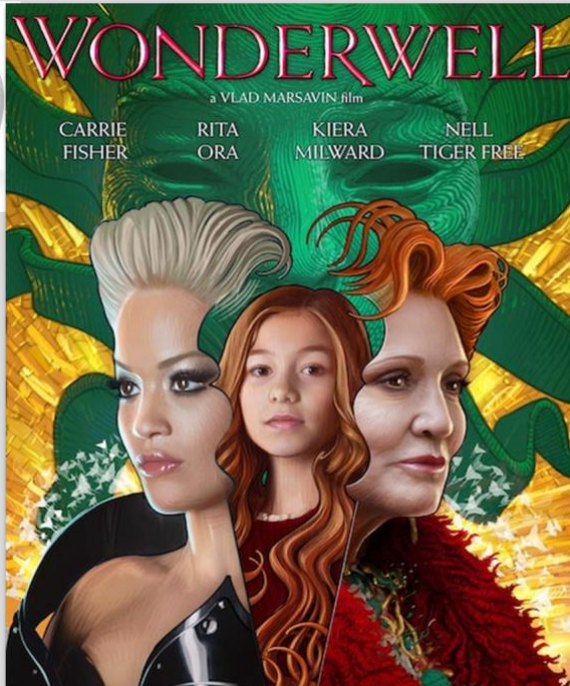
Bern, Switzerland
Late September to early October



Edinburgh, Scotland
Late September, October



Plitvice National Park, Croatia
Mid September to Mid October



This 2023 American fantasy is set between modern-day Italy and an imaginary realm beyond. It is a coming-of-age fairy tale that follows Violet, a naïve and curious 12 year-old girl on a thrilling journey that will transform her life forever.

As promising as that sounds, the movie fails to bring any magic to the audience, and it is as far from a success as can be. Despite its boring plot, the film is considered a wonderful gift to the world, as it is the last movie of the late Carrie Fisher, the adored Star Wars Princess Leia, before she passed away in 2016.



Persimmon Pudding



To recreate this creamy delicacy, mix 1 cup of flour, a pinch of nutmeg powder, $\frac{1}{2}$ tsp of cinnamon powder, $\frac{1}{2}$ tsp of baking soda, $\frac{1}{2}$ tsp of salt and set aside. In a blender (you can also use a hand blender) add 2 eggs, $\frac{3}{4}$ cup of sugar and $\frac{1}{2}$ cup of melted butter and pulse until it is well combined. Now add the dry ingredients along with 1 cup of milk, $\frac{1}{2}$ cup of heavy cream, 2 tablespoons of rum or brandy, $\frac{1}{2}$ tsp of vanilla essence and 1 $\frac{1}{2}$ cup of pureed persimmon pulse a few times until it is all nicely combined.

Heat your oven to 180 C. Place a large tray of boiling water in the bottom rack of the oven. Pour the pudding mixture into a greased 20x20 cm pan or glass pyrex dish.

Bake the pudding for 1 hour and 10 minutes or until the pudding is completely set and golden on the top. It will also separate from the edges of the pan.

Transfer to a wire rack and allow the pudding to cool to room temperature.

Slice and serve with ice cream or whipped cream.

It tastes best the next day when the flavors have developed more.

Bon Appétit