



# LIFT



日本語版

Life, Information, Fun, Times



May 7<sup>th</sup>, 1833 – Composer Johannes Brahms was born in Hamburg, Germany. His body of work includes over 300 songs and numerous orchestral, choral, piano and chamber works.



May 9<sup>th</sup>, 1958 - Mattel's Barbie doll was registered. The doll was launched the following year, created by co-founder Ruth Handler and named after her own daughter, Barbara. Her inspiration was the 1955 German fashion doll `Bild Lili.`



*A mother`s influence in the life of her children is beyond calculation*

*James E. Faust*

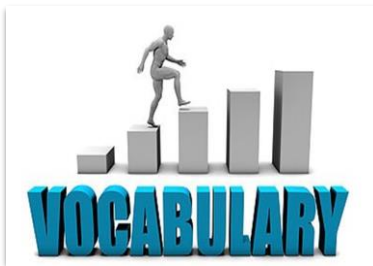
May 14<sup>th</sup>, 1686 Daniel Gabriel Fahrenheit, a Polish-born physicist and inventor, invented the thermometer. He devoted much of his life`s work to the measurement of temperature and also invented the alcohol and mercury thermometers.

## 'Mother` in the languages of our teachers

May 28<sup>th</sup>, 1742 – The first indoor swimming pool opened in Goodman`s Fields, Lemon Street, London. Only gentlemen could enjoy the 14-meter-long pool, advertised as being warm and kept fresh daily.

|   |       |           |    |            |            |
|---|-------|-----------|----|------------|------------|
| 1 | Mam   | Welsh     | 6  | Mãe        | Portuguese |
| 2 | Madre | Spanish   | 7  | Om         | Arabic     |
| 3 | Mamă  | Romanian  | 8  | Mère       | French     |
| 4 | Anya  | Hungarian | 9  | Anne       | Turkish    |
| 5 | Mamma | Italian   | 10 | Matraseeya | Russian    |





**`a cat *may* look at a king`**

Even a person of low status or importance has rights

Though the commoners think that a cat may look at a king, the nobility doesn't agree.

**`a stumble *may* prevent a fall`**

A setback or an obstacle may prevent worse problems

Try not to dwell on the adversities we're facing – a stumble may prevent a fall, after all.

**`be that as it *may*`**

Nevertheless, in spite of that

Yes, he has made a mistake, but, be that as it may, the punishment is too harsh.

**`*may* the best man win`**

Said at the beginning of a competition to show desire for the deserving player to win

Are you ready? Shake hands and may the best man win!

## May events



### **BaliSpirit Festival, Ubud, Bali**

Held annually at the beginning of May, this 6-day festival is the ultimate event for those looking to improve their health and wellness. With workshop and music schedules, yoga, dance, breath work, martial arts and more, it is designed to truly pamper both mind and body.

### **Bergen International Festival, Bergen, Norway**

This 15-days festival is firmly established in the northern European art scene, attracting over 100.000 visitors each year. The festival programme is created with something for every taste, including music, theatre, dance, opera and visual arts.



### **Hay Festival of Literature and Arts, Hay-on-Wye, South Wales**

Held in the quaint market town also known as `book town`, the event is attended by bookworms, authors and professors, gathering to listen to speakers, get news on book releases and enjoy exhibitions and shops.

### **Madeira Island Flower Festival – Funchal, Portugal**

During this 3-week-festival the city centre is beautifully decorated with flowers and flower exhibitions and all sorts of flower-related concerts, markets and competitions are held. During the parade, beautifully dressed dancers present their flower dresses.





# Mother`s Day Flowers



**White and Pink Carnations**  
USA – the 2<sup>nd</sup> Sunday of May



**Mixed spring bouquet**  
Peru – the 2<sup>nd</sup> Sunday of May



**Peonies**  
UK – Sunday, March 19<sup>th</sup>



**Multicolored roses**  
Italy – the 2<sup>nd</sup> Sunday in May



**Gladiolus or marigold**  
Mexico – May 10<sup>th</sup>



**Red carnations**  
Japan – the 2<sup>nd</sup> Sunday of May



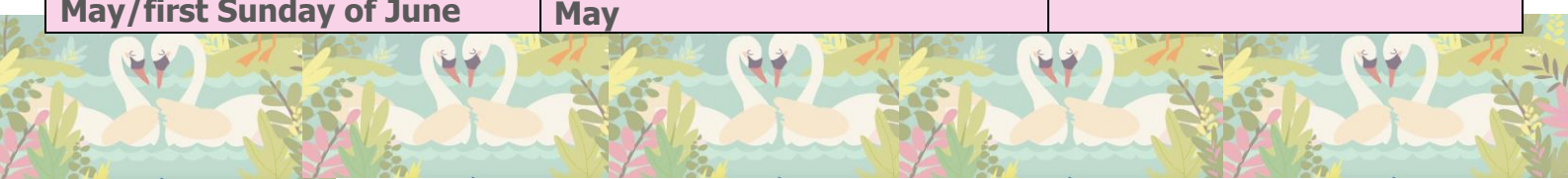
**Hyacinths**  
France – the last Sunday of May/first Sunday of June



**Freesias**  
Germany – the 2<sup>nd</sup> Sunday of May



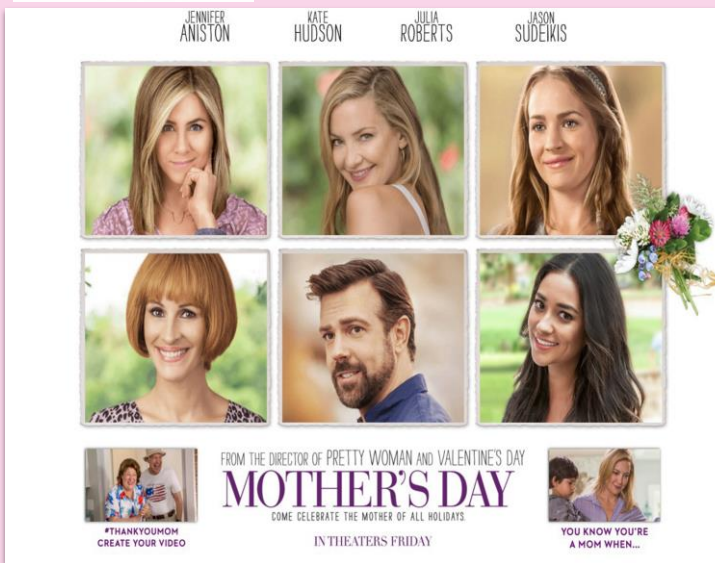
**Gerberas**  
India – 2<sup>nd</sup> Sunday of May







A 2016 romantic comedy featuring an ensemble cast follows the story of a group of seemingly unconnected people coming to terms with their relationships with their mothers. Although the movie received a lot of criticism for lacking substance and it has even been compared to a 'last minute gift', audiences worldwide can enjoy this light-hearted, feel-good and life-affirming production.



## May Mayhaw Thumbprint Cookies with Cream Soda Glaze

*Mayhaw - a small, tart, berry-sized fruit, native to southern USA is a great filling for these cookies but any other jam of your choice will do just as well.*

Making these cookies is as simple as creaming 1 cup of unsalted, softened butter with 110 grams of instant chocolate pudding mix before beating in 1 large egg and adding 2 cups of flour and a 1/2 teaspoon of salt.

Then comes the crafty part: put granulated sugar on a plate, roll the batter into 2.5 cm balls and then roll them again through the sugar before placing them on a lined cookie sheet. Make a thumbprint in the center of each and bake them at 170 C° for about 15-18 minutes, until firm to the touch. Once they've cooled completely, fill each thumbprint with the jam.

For the cream soda glaze: whisk together 1 cup of powdered sugar and 2 tablespoons of cream soda until white and shiny. Drizzle over the cookies and let dry.



*Bon Appétit*

