



日本語版

# LIFT



## Life, Information, Fun, Times



September 1, 1939, was a dark day for the world. It was on this day that Hitler invaded Poland, consequentially beginning World War II. At his Reichstag speech, Hitler wore a field-grey military uniform, conforming with the Generalissimo rank he was assuming, rather than the brown Nazi Party uniform that he had worn for earlier speeches.



September 2, 1666, was a terrible time for the city of London. A raging fire broke out within the older section of the city, completely destroying everything in its way within the ancient Roman walls. What's most surprising about this tragedy is that there were only 6 recorded deaths!



September 11, 2001, changed the shape of the world forever. It was on this fateful day that the worst terrorist attack on US soil happened, when four commercial airliners were hijacked. Two of the planes were flown straight into the Twin Towers of the World Trade Center, another was crashed into the Pentagon while the fourth crash-landed into a field in Pennsylvania.



### Did you know that:



Back in the days of the Anglo-Saxons, September used to be called Gerst Monath, which translates into "barley month". It was given this name because it was the time of year that the barley crop was harvested, and brewed into a popular drink.



The Anglo-Saxons had another name for September too, which was Haefest Monath. This is a particularly interesting as it translates into harvest month, and our modern-day usage of the word harvest originates from this name!



September represents the beginning of Fall in the northern hemisphere, officially commencing on the September equinox, which is usually between the 21<sup>st</sup> and the 23<sup>rd</sup> of the month. In the southern hemisphere, it's the opposite, with spring starting.

### 'Crop' in the languages of our teachers.

- |           |           |             |            |
|-----------|-----------|-------------|------------|
| 1 Cnydau– | Welsh     | 6 Colheita  | Portuguese |
| 2 Cosecha | Spanish   | 7 Almahasil | Arabic     |
| 3 Recoltă | Romanian  | 8 Recolté   | French     |
| 4 Termés  | Hungarian | 9 Ekinler   | Turkish    |



## September Festivals around the world

### `Harvest` Expressions

#### `cream of the crop`

The best of a particular group

We need to get him to join our team – he's definitely the cream of the crop.

#### `to reap the harvest`

To experience the consequences of a previous action or past event

You have 3 papers due on Monday? Sounds like you are reaping the harvest of your own procrastination.

#### `a grain of truth`

A little bit of truth, some degree of truth

Nobody takes him seriously because usually there is not even a grain of truth in his stories.

#### `to separate the wheat from the chaff`

To choose the good and discard the bad

With so many books published, it's a challenge to separate the wheat from the chaff and find really exceptional ones.

### Rock in Rio, Rio de Janeiro, Brazil



If you have plenty of energy and a week to spare, you can catch up on a lifetime's worth of music in Rio. And not just any performers but with headlining stars at previous festivals including Beyoncé, Muse, Justin Timberlake, Metallica, Queen, Shakira, Bon Jovi, Bruce Springsteen and the E Street Band, Guns n' Roses, Rihanna, and Iron Maiden

### Oktoberfest – Munich, Germany

Many are led to believe, due to the name, that Oktoberfest occurs mainly in October, but truthfully it only *ends* in October. This iconic German festival is celebrated all across the Western world, beginning September 17 and ending October 4. Unlike most festivals, Oktoberfest is a beer festival, and all celebrations and traditional festivities revolve around indulging in some of the local brews.



### Martha's Vineyard International Film Festival, Vineyard Haven, Massachusetts



The recurring theme of the annual Martha's Vineyard International Film Festival is to encourage attendees to think broadly and deeply. The Festival presents a selection of world cinema and short films curated from festivals from Berlin, Toronto, Sundance and Cannes and the viewings are followed by 'conversations' that bring together guests from film, media, and art to discuss and debate with the audience the issues revealed by the motion pictures.

### Reno Greek Fest, Reno, Nevada

A wonderful opportunity for all Greek food lovers to enjoy their favorite Greek dishes and desserts. The event is peppered with Greek music and dancing, in a typical 'My Greek Wedding' atmosphere. There are also numerous vendors attending, meaning that you are able to take home some delicious pre-cooked family-size Greek dishes.



## Harvest festivals around the world



**Chanthaburi Fruit Fair** of exotic fruits, Chanthaburi, Thailand,  
**Late May**



**Lammas Festival, UK**  
The first wheat harvest in England, Scotland, Wales and Northern Ireland,  
**August 1<sup>st</sup>**



**First fruit ceremony**  
Incwala, Eswatini, South Africa  
**Late December**



**Thanksgiving**, Plimoth Plantation, Massachusetts  
3-day feast commemorating the Pilgrims' first successful wheat crop



**National Grape Harvest Festival**  
Vendimia, Mendoza City, Argentina  
**Late February**



**2-day celebration of Olive Harvest in November**  
Olivagando, Magione, Italy



**Mid-Autumn Festival**, China, Taiwan and Vietnam  
**Mid-September**



**A mid-January Hindu Harvest festival**  
Pongal, Tamil, India



**Rice Harvest**, Bali, Indonesia  
**Following the New Year**



**Yam Festival**, Ghana, South Africa  
Celebrating yam crop in **August/September**, with similar festivities in Papua New Guinea and Nigeria

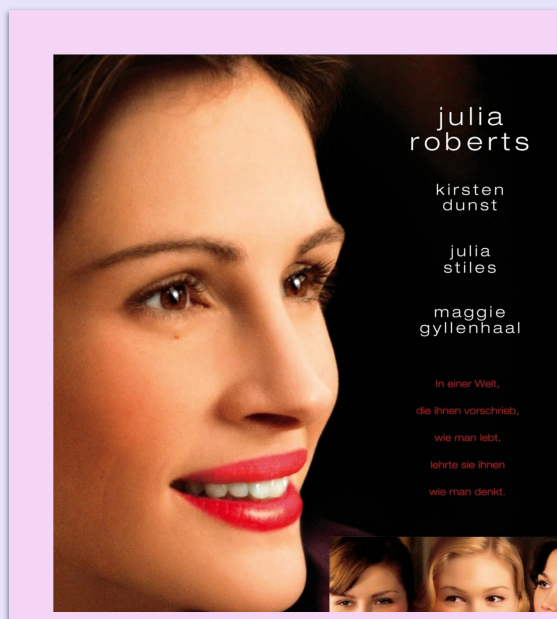


**Sukkot Jewish Festival** giving thanks for Fall harvest, Israel  
**September/October**



**Znojmo Wine Harvest Festival**, South Moravian Region of the Czech Republic  
**Mid-September**





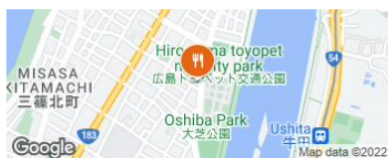
A smart and provocative period drama, following the story of a free-thinking art instructor. Julia Roberts portrays Katherine, a charismatic professor who lands the job of her dreams. Using art, she exposes the value of breaking barriers, challenging the young girls attending the prestigious but conservative Wellesley college to question their traditional social roles, in a time in America when women had their post-graduate life very well outlined. Roberts is accompanied by a cast of female actresses who, in retrospect, didn't quite turn out to be the 'promising young talents' that they were considered at the time.

## Raechel's Bakery Tips

Avec le Soleil



### Location and contact



1-2-2 Oshiba, Nishi-Ku, Hiroshima 733-0001  
Hiroshima Prefecture ↗

Website ↗

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For this month's edition I ventured to Nishi-ward in search of any hole-in-the-wall bakery shops and so I stumbled across a small French bakery called "Avec le soleil" located in Oshiba, just in front of the Kyu-Ota river. "Avec Le Soleil" offers an assorted sampling of bread varieties, including toasted French baguettes, crunchy Italian ciabatta, and fluffy sliced bread. In addition, they have a humble selection of traditional French baked goods, including pain de campagne, croque-monsieur, and croissant. On this occasion, I treated myself to a pastry called "l'escargot chocolat pistache", which means "chocolate and pistachio snail" in English. It is a flaky bread, in the shape of a snail shell, with a creamy pistachio filling and a sprinkle of chocolate chips. When I dove into this treat, it was very buttery and flaky. The pistachio cream was nutty and light, while the mini chocolate chips added an extra layer of sweetness and richness. Altogether, this treat was delightfully balanced and satisfying. So, the next time you're in the mood for delectable French goods along the river, take a look inside "Avec le Soleil"!

